



2023 LAND Annual Conference

Thursday, March 9, 2023		
1:00 – 1:05 CT	Welcoming Remarks <i>Erin McKinley, LAND President-Elect</i>	
1:05 – 2:00 CT	The Role of the Dietitian in Family Based Treatment for Eating Disorders <i>Jacey Lutz Thiel, RD, LDN</i>	
2:00 – 3:00 CT	Nutrition and Mental Health in Adult Populations <i>Cassandra Whitmore, RD, LMNT</i>	
3:00 – 5:00 CT	Field Trip - SETH Lab at FRANU	Field Trip - TBD
5:30 CT	Happy Hour Networking Event - Red Stick Social	

THANK YOU ANNUAL CONFERENCE SPONSORS



Friday, March 10, 2023

6:00 CT	Morning Workout - walk around the lake
7:30 - 8:50 CT	Breakfast Meeting
9:00 - 10:00 CT	Emerging concepts in nutrition and pulmonary health <i>Jacob Mey, PhD, RD</i>
10:00 - 11:00 CT	Venturing into the World of Publishing as an RD <i>Lee Jackson, RD, LDN</i> <i>Savanna Latimer, RDN, LDN</i> <i>Shelly Marie Redmond, MS, RD, LD</i>
11:00 - 12:00 CT	What Is a Sustainable Diet and Food System and How Can RNDs Accurately Communicate This to The Public <i>Joan Salge Blake, EdD, RDN, LDN, FAND</i>
12:00 – 1:00 CT	Lunch Visit Exhibits & Posters
1:30 – 2:30 CT	Self-care for new clinical RDs <i>Shani Jordan-Goldman, MS, RD, CDN, CDCES</i>
2:30 - 3:30 CT	My Garden Is My Plate: Starting and Maintaining a Community Garden <i>Alexis Motley, MS, RDN, LDN</i>
1:45 – 2:00 CT	Raffle