

[View this email in your browser](#)



Register Now! LAND 2023 Annual Meeting



REGISTER NOW! Louisiana Academy of Nutrition and Dietetics 2023 Annual Meeting will be an IN-PERSON event on March 9th and March 10th at the Cook Hotel and Conference Center in Baton Rouge, LA. Each day will consist of educational presentations, a poster session, and networking events. Attendees will be able to earn continuing education credits and network with their colleagues from around the state face-to-face! Click the button below to secure your spot.

- Family Based Treatment for Eating Disorders
- Nutrition and Mental Health in Adult Populations
- Surprise options for field trips to one of two Baton Rouge based nutrition facilities!

March 10th Topics:

- LAND Scholarship and Award Winners, and Business Meeting
- LAND Public Policy and House of Delegates Update
- Communicating Sustainable Diets and Food Systems to the Public
- Venturing into the World of Publishing as an RD
- Self-care for new clinical RDs
- Starting and Maintaining a Community Garden
- And more!

There will also be a Happy Hour Event from 5:30 pm – 7:30pm with food and drinks! Please indicate if you are interested in attending when registering. There is no additional charge to attend.

Registration can be for one of the days or both. Click the button below to register noting the following tips:

- Log in using your Academy ID number as your username
- Use the password for eatrightpro.org
- If you are selecting only one day, please be sure to select the desired day from the menu
- Student non-members of LAND (members of The Academy but listed under an address outside of LA), you will need to email LAND@eatrightlouisiana.org from your school email address for student pricing of \$65 for the full conference.

[Register](#)

LAND Awards

Know a Louisiana dietitian or student/intern that deserves recognition?

- Emerging Dietetic Leader Award
- Outstanding Dietitian of the Year Award
- Recognized Dietetic Technician of the Year Award
- Recognized Young Dietitian of the Year Award
- Outstanding Dietetics Student Award

[Apply here](#) by February 26, 2023.

[Nominate](#)

Board Nominations



Board nominations for the 2023-24 year are open!

Available positions include:

- President-Elect
- Treasurer

All submissions due February 28, 2023.

Nominate

SAND Event

Topic: Nutrition and Lupus

Day & Time: Wednesday, February 15 at Noon

Speaker: Tanya Freirich, MS, RD, CDN, CDCES

Tanya Freirich, MS, RDN, CDCES -- has worked as a dietitian for more than a decade. After obtaining both her Master's and Bachelor's degrees in Clinical Nutrition from New York University, she started her career at New York Presbyterian hospital. Tanya then honed her skills in private practice and as an outpatient dietitian. After years of counseling on a variety of medical conditions, she was diagnosed with Lupus. She focused her nutrition expertise, scientific research and personal experience with Lupus to help herself and others heal.

Join Zoom Meeting

[https://us06web.zoom.us/j/86894296391?
pwd=RG1VWWxhVEM2Q1EvY1lVK1VrdUtGdz09](https://us06web.zoom.us/j/86894296391?pwd=RG1VWWxhVEM2Q1EvY1lVK1VrdUtGdz09)

Meeting ID: 868 9429 6391

Passcode: 3v2Upi

Dial by your location

+1 305 224 1968 US

Meeting ID: 868 9429 6391

Passcode: 929533

Please email Becky.laskowski@freseniusmedicalcare.com if you have any questions. Thanks



Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

